



Gondia Education Society's

J. M. PATEL ARTS, COMMERCE & SCIENCE COLLEGE, BHANDARA

Re-accredited 'B' grade by NAAC | Awarded CPE Status(Phase II) by UGC

Awarded 'District Green Champion Certificate by MGNCRE, Ministry of Education, Govt.of India (2020-21)



SELF DEFENCE TRAINING **for** **GIRLS**



FREE

An IQAC Supportive Initiative

Organised by

**Department of Physical Education, NSS, NCC
&**

Internal Complaints Cell

16 - 21 JANUARY 2023

Timing: 3.00 p.m. to 5.00 p.m.

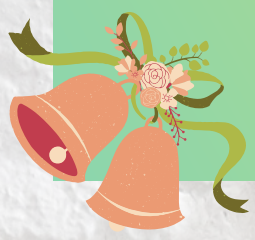
VENUE: J. M. Patel Arts, Commerce & Science College, Bhandara

Link of Registration



<https://forms.gle/oBPJ9v6im2ahDKUo6>

**Certificates will
be given to all
the participants**



INVITATION

SELF DEFENCE TRAINING FOR GIRLS

SELF DEFENCE IS NOT JUST A SET OF TECHNIQUES; IT'S A STATE OF MIND, AND IT BEGINS WITH THE BELIEF THAT YOU ARE WORTH DEFENDING - RORION GRACIE



INAUGURAL FUNCTION

Monday, 16 January 2023

Time - 11:00 a.m.



CHIEF GUEST & INAUGURATOR



Organising Committee

Dr. B. S. Pawar
Dr. Ujjwala Wanjari
Dr. Vijiya Kannake
Dr. Veena Mahajan
Shri. Prashant Waldeo
Dr. Romi Bisht
Shri. Bhojraj Shrirame
Dr. Jitendra Kirsan
Ms. Madhuri Harde
Adv. Renuka Bedarkar

Dr. Vikas Dhomne

Principal

J. M. Patel College, Bhandara

Chief Instructor

Shri. Durgesh Sontakke

Secretary

Karate Association, Bhandara

Dr. Karthik Panicker

IQAC Co-ordinator

J. M. Patel College, Bhandara



Coaches

Ku. Ankita Khobragade

Ku. Princi Sandekar

Mr. Abhay Tandekar

Mr. Rohit Sontakke

IQAC Members

Shri. P. L. Nandagawali | Dr. S. R Sharma | Dr. Pradeep Meshram | Dr. Shyam Dafare | Dr. Umesh Bansod
Dr. Anand Muley | Dr. Veena Mahajan | Dr. Padmavathi Rao | Dr. Aparna Yadav | Dr. Romi Bisht