



Gondia Education Society's
J. M. PATEL ARTS, COMMERCE & SCIENCE COLLEGE, BHANDARA

A Report
on
Online Yoga Training Camp

Date: 21st to 26th April, 2022

The IQAC, Department of Physical Education, NSS Unit & NCC Unit of our college in collaboration with Patanjali Yoga Pariwar was organised Yoga Training Camp from 21st April to 26th April, 2022. All teaching, Non-teaching Staff and Students were attended the online session from 6.00 a.m to 7.00 a.m daily on Zoom platform. The camp was organised as per the month wise activities submitted by the college to UGC.

At the inaugural function of the online yoga trainingcamp, Principal Dr. Vikas Dhomne explained the importance of yoga and gave best wishes for the successful organisation of the online yoga camp. The practise session of yoga started under the guidance of yoga trainer Dr.Ramesh Khobragade. The session was started at 6.00 am every day. Teaching and non-teaching staff were practising Tadasan, Vrukshasan, Padhastasan, Ardhashakrasan, Trikonasan, Dandasana, Bhadrasana, Vajrasana, UttanMandukasana, Vakrasana, Makarasan, Bhujangasana, Shalabhasana, Setubandh-asana, Uttana-Pada-Asana, Ardha-Hala-Asana, Pavan-Mukta-Asana, and Shawasana under the guidance of the yoga trainer. Every day, around 75 teaching staff, non-teaching staff & students attended the online yoga camp.

BROCHURE OF THE EVENT



Gondia Education Society's

J. M. PATEL ARTS, COMMERCE & SCIENCE COLLEGE, BHANDARA

Ph. 07184-252364, 252003, 256883, Fax: 07184-253268
Re-accredited 'B' Grade by NAAC | Awarded CPE Status (Phase II) by UGC
Awarded 'Star College Scheme' by DBT, GOI

in association with

PATANJALI PARIWAR, BHANDARA



ONLINE YOGA CAMP

Organised by

IQAC, DEPARTMENT OF PHYSICAL EDUCATION, NSS UNIT & NCC UNIT

DATE: 21.04.2022 TO 26.04.2022

TIME: 6.00 AM TO 7.00 AM

Live on Zoom  and JMPC Official Youtube  channel

Registration form link : <https://forms.gle/KmtB46y5xWg2LyUy8>

ORGANISING COMMITTEE

DR. KARTHIK PANICKER
IQAC COORDINATOR
J.M. PATEL COLLEGE, BHANDARA

DR. BHIMRAO PAWAR
HEAD
DEPT. OF PHYSICAL EDUCATION

DR. JITENDRA KIRSAN
NCC COORDINATOR

NSS PROGRAMME OFFICERS

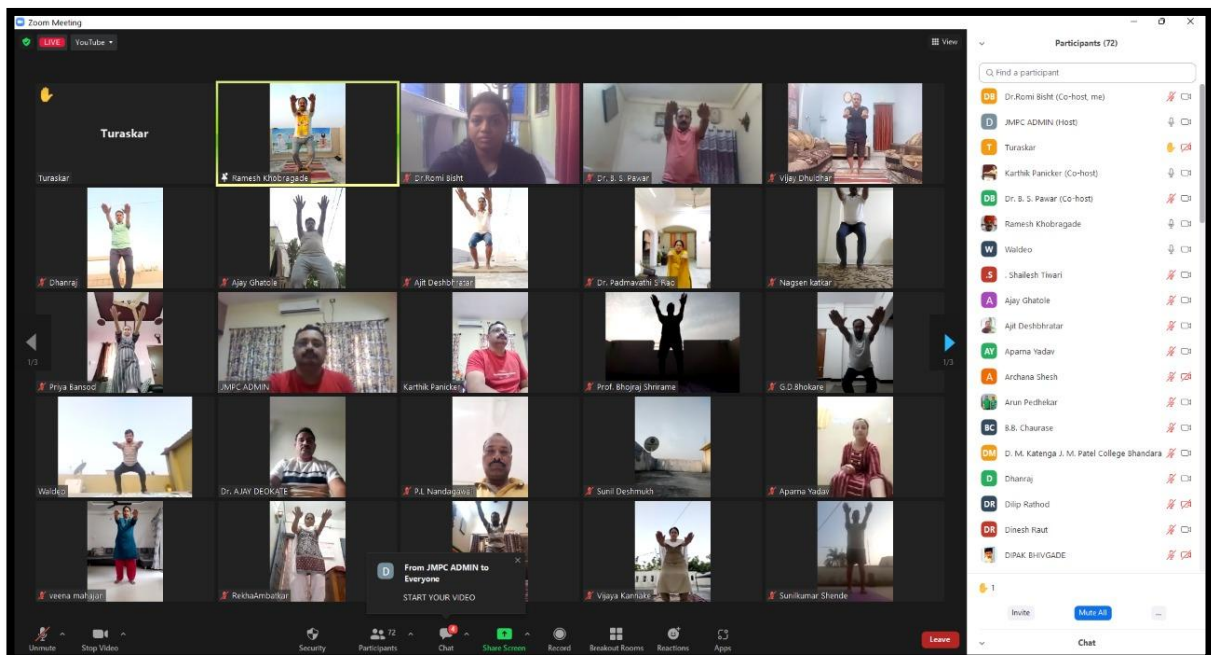
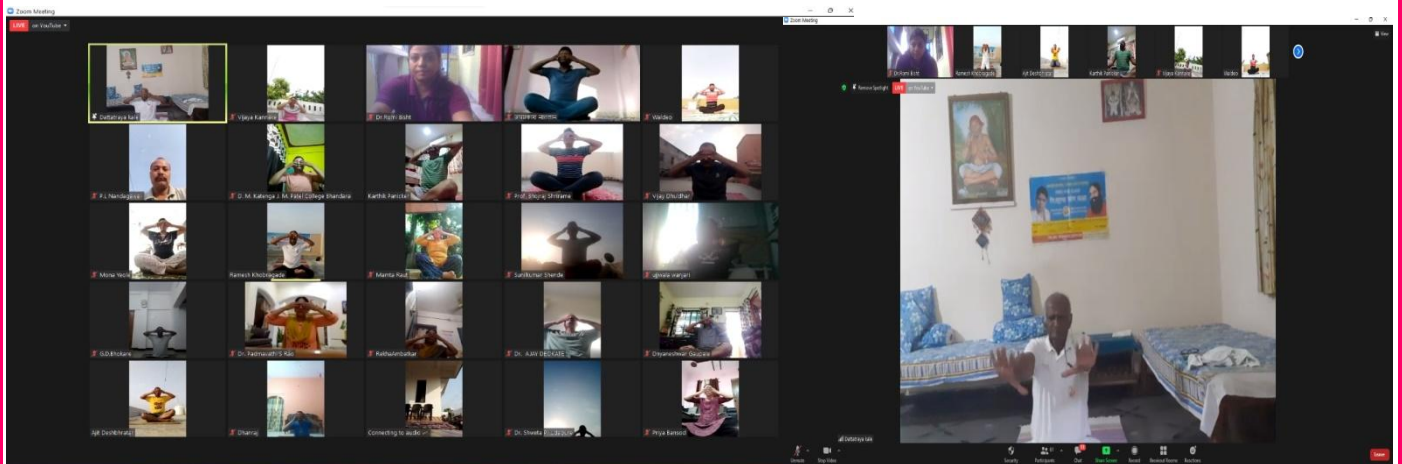
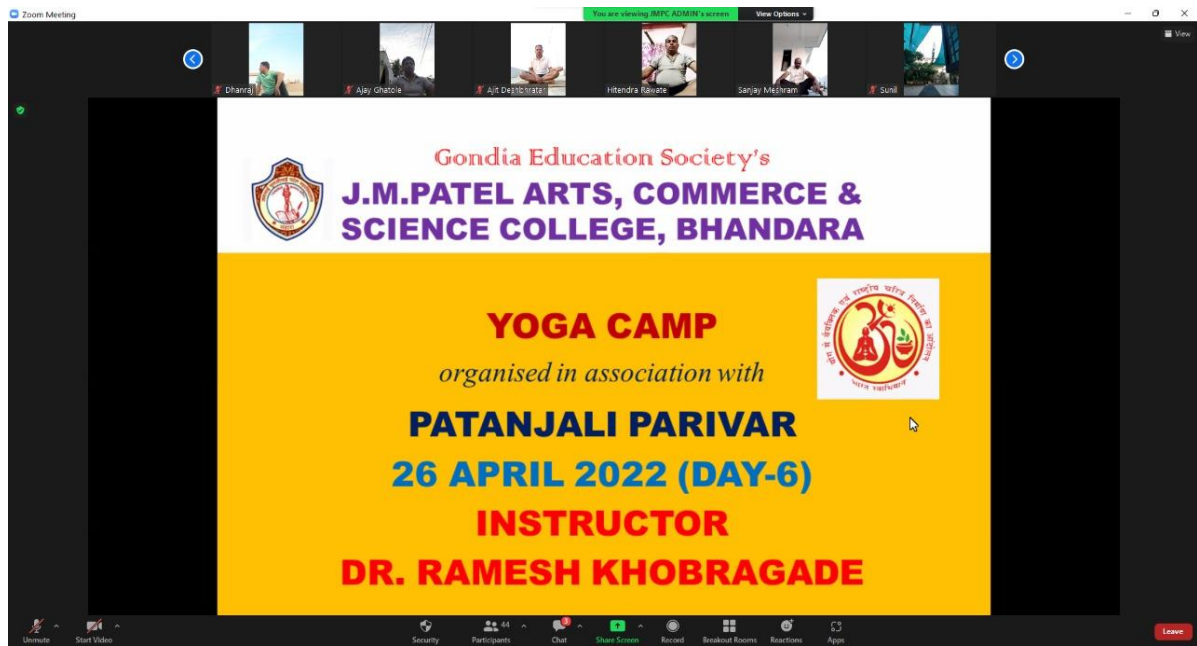
SHRI. BHOJRAJ SHRIRAME

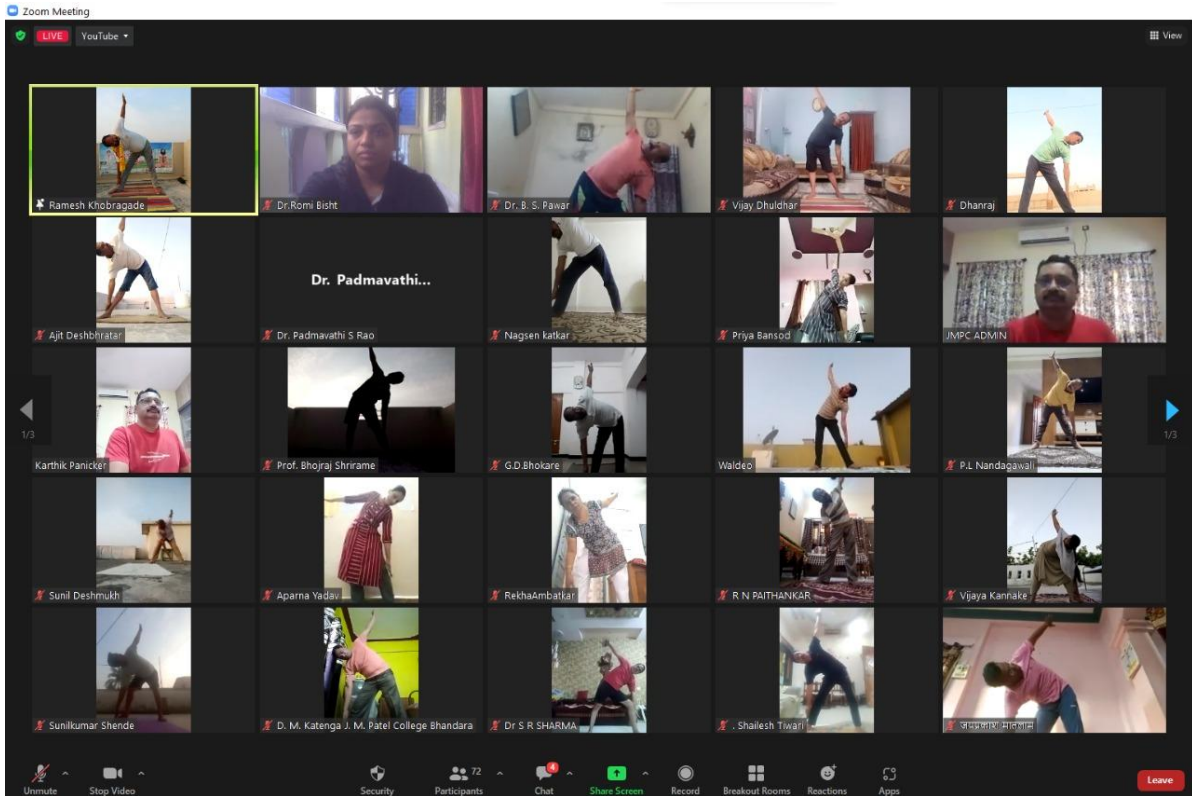
DR. VEENA MAHAJAN

SHRI. PRASHANT WALDEO

DR. VIKAS DHOMNE
PRINCIPAL
J. M. PATEL COLLEGE, BHANDARA

PHOTOS OF ACTIVITY





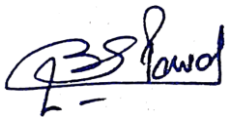
LINK FOR ZOOM: CLICK THE LINK BELOW 

Join Zoom Meeting

<https://us02web.zoom.us/j/81003612870?pwd=a3RRVWJpd2pjTHdKLy9WS1YyeDZMQT09>

Meeting ID: 810 0361 2870

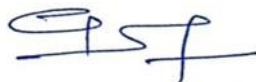
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Dr. Bhimrao Pawar
Head
Department of Physical Education




Dr. Karthik Panicker
IQAC Co-ordinator
J.M. Patel College, Bhandara



Dr. Vikas Dhomne
Principal
J.M. Patel College, Bhandara

Principal
J.M. Patel Arts, Commerce
& Science College, Bhandara